



## SLAVIC/EASTERN EUROPEAN/CENTRAL ASIAN HERITAGE CAMP (SEECA)

celebrates the cultures of the Russian/Eastern European/Central Asian (REECA) countries, the culture of adoption and supports REECA adoptees of all ages and their adoptive families.



*"Arriving at REECA (now SEECA) Heritage Camp, we all felt like we were coming home. We felt like part of something wonderful, and our identity as an adoptive family is supported and cherished. The support we all gain here is immeasurable."*



This camp is held on the Front Range Community College campus in Westminster, CO, near Denver, for adoptive families with children from ages 3 to 17, and Adult Adoptees age 18+. All family members, waiting families, and extended family members are encouraged to attend as well.

### Programming for parents may include:

- Understanding IEP's and school assessments
- Supporting children affected by trauma, unique health needs, behavioral/developmental challenges, and more
- Learning about homeland tours and birth parent searches
- Hearing adult adoptee perspectives
- Exploring SEECA arts & crafts, cooking, culture, family traditions, and more
- Hiking, biking, mini-golfing, socializing- camp fun!



Age-appropriate programming for kids PreK to High School may include:

- Team-building courses, archery, rafting, zip line, and more outdoor fun!
- Exploring and learning about the authentic Slavic/Eastern European/Central Asian cultures
- Engaging in the SEECA cultures of today: food, arts, sports, pop culture, and more
- Professionally facilitated conversations among children about their experiences as adoptees
- Teaching healthy coping skills to help pre-teens & teens feel empowered, self-confident, and authentically themselves



Heritage Camps for Adoptive Families is proud to be celebrating our third decade!

Our camp counselors are often SEECA adoptees themselves, are fully trained, and are dedicated to our campers.

Programming for all ages is facilitated by the Slavic, Eastern European, and Central Asian communities, adoption and child development professionals, educators, and through collaborative partnerships.

18 years + Adult Adoptee Programming may include:

- Managing life transitions with guidance and support
- Hearing from adoptees about career decisions, adulthood, relationships, etc.
- Navigating first/birth family relationship here or abroad.
- Team-building, rafting, high ropes course, social hours and more camp fun!



### 9 Heritage Camps

- African Caribbean
- Chinese
- Chinese II
- Domestic Adoption Camp
- Indian/Nepalese
- Korean
- Latin American
- Russian/Eastern European/ Central Asian
- Southeast Asian/Pacific Islander

